

MR RUPERT BOURNE Bsc FRCOphth MD

Consultant Ophthalmic Surgeon
Glaucoma Service

INSTRUCTIONS PRIOR TO GLAUCOMA (TRABECULECTOMY) SURGERY

1. Continue your usual eyedrops (and glaucoma tablet medication if prescribed) and take them on the morning of surgery.
2. If directed by Mr Bourne, stop taking aspirin or any other blood thinning medication for seven days prior to your surgery.
3. Take Maxidex eye drops four times a day (to the eye due to be operated) beginning one week before surgery.
4. Take 20 milligrams of prednisolone (4 tablets, each of 5mg, in one go) the DAY BEFORE your surgery.
 - a. On surgery day, take 20mg (4 tablets, each of 5mg, in one go) in the evening
 - b. On the day after surgery, take 20mg (4 tablets, each of 5mg, in one go) BEFORE your appointment with Mr Bourne.
5. Do not eat or drink (except for medications with a sip of water) after midnight before surgery if you are having a general anaesthetic.
6. Make sure someone can drive you home after surgery.
7. If you have any questions about your surgery or the medicines you are using, you should call the Eye Sister on 01480 416416 during office hours and ask for bleep 2334. At night or weekends, please contact the Accident & Emergency Department at Hinchingbrooke Hospital.